## Cleveland Clinic Union Hospital



### **Community Fitness Festival 2019**

10K ~ One-Mile Fun Run/Walk ~ Kids' Run Half Marathon ~ Team Relay ~ Five-Mile Walk

# April 6 and 7, 2019

All proceeds benefit Habitat for Humanity East Central Ohio

The Cleveland Clinic Union Hospital Run for Home features an event for everyone, great swag, free finish-line photos, on-course

entertainment, pace groups, and more!

Register on-line and learn more at www.runforhome.org

#### Saturday, April 6:

• 8:00 am to 1:00 pm Health & Fitness Fair:

Exhibits, Registration and Packet Pick-Up for all events

9:45 am Kids' Run 10:00 am 10K Race

10:15 am One-Mile Fun Run/Walk

New family pricing options for the Five Mile Walk and One mile Fun Run!!

#### Sunday, April 7:

• 8:00 am to 1:00 pm Registration and Packet Pick-Up

• 11:00 am Half-Marathon, Team-Relay, Five-Mile Timed Walk

**Double your fun and participate in the Run Home Festival Challenge:** All participants who <u>complete</u> the 10K and half-marathon will receive an exclusive Run for Home Challenge vest. Top three men and top three women in the Challenge will receive special awards. Everyone who registers for both events will be entered in the challenge.



🌃 Habitat for Humanity®

### The 12th Annual Cleveland Clinic Union Hospital Run for Home

The certified half-marathon course is on city streets and park paths. All races begin and finish in

New Philadelphia Tuscora Park is the headquarters for all activities.

Location:

Tuscora Park.

Course:

Goodies:	Half-marathon and team relay participants receive a moisture-management shirt and all finishers receive a medal. One mile fun run and five-mile walk participants will receive a t-shirt. 10K participants will receive a race gear package and finishers' medal. All kids run participants receive a ribbon.			
Awards:	Half-Marathon and 10K: Awards for the top three each age group. Team Relay: Awards for top th	e overal ree tear	I female and male finishens in each category (male	rs and top three in e, female, coed). One
	Mile Fun Run: Awards to the top three overall fe finishers in each age group.	nale an	id male finishers and ribb	ons to the top three
Relays:	The relay is a 13.1 mile race for three person teacategories. First leg approx. 3.4 miles, second leg			
<b>Age groups for the half marathon:</b> 13 and under, 14-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 and over.				
<b>Age groups for the 10K and one-mile fun run:</b> Under 10, 10-13, 14-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 and over.				
Post-Race: Refreshments for all participants will be served in the park pavilion. Live results for the half-marathon and team relay available in the park pavilion where awards will be presented.				
First Name	Last Name		Sex Race D	ay Age
Birth Date	E-mail	City		Stata
Zip	Last Name E-mail Phone	City	<u> </u>	State
	dult - XXL XL L M S Youth - L M			
I am registerir Half-Marathor	ng for: n Team Relay Five-Mile Walk		One-Mile Fun Run	10K Race
Relay/Family Team Name (Please use separate form for each relay team or family member, return all forms together.)				
If employee of sponsor, company nameSponsor code				
(With the proper code, sponsor employees receive 25% discount on race registration fee for all events <b>except</b> the one mile fun run/walk)				
Registration Fees: Half-Marathon: \$45 through Jan. 15; \$55 Jan. 16 through March 15; \$65 March 16 through April 5; \$75 at Health & Fitness Fair				
Team Relay: \$84 through Jan. 15; \$99 Jan. 16 through March 15; \$120 March 16 through April 5; \$135 at Health & Fitness Fair				
Five-Mile Walk: \$20 through Jan. 15; \$25 Jan. 16 through March 15; \$30 March 16 through April 5; \$35 at Health & Fitness Fair				
Fun Run: \$10 through March 15; \$15 March 16 through April 5; \$20 at Health & Fitness Fair  10K Race: \$35 through March 15; \$40 March 16 through April 5; \$50 on race day.  Kids' Run: Free; no registration required.				
Family Packages Five mile Walk: Three to five members of immediate family \$55 through Jan. 15, \$65 Jan 16-March 15, \$75 March 16-April 5, \$85 at health and fitness fair.  One-Mile Fun Run: Three to five members of immediate family \$25 through March 15, \$35 March 16-April 5, \$45 at health and fitness fair.  (Please use separate form for each family member, return all forms together.)				
Total Enclosed for Race Registration				
Waiver and Release I, the undersigned, realize that running a road race is a potentially hazardous activity. I should not enter & run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to safely completing the run. I assume all risks associated in running this event including, but not limited to, falls, contact with other participants, the effects of the weather, traffic, and the conditions of the road, all such risks being known and approved by me. Having read this waiver, and knowing these facts, and in consideration of you accepting my entry, I for myself and anyone entitled to act in my behalf, waive and release Habitat for Humanity, The Subway Challenge Series, City of Dover, City of New Philadelphia, Dover Township, Tuscarawas County, Ohio Department of Transportation, all sponsors, their representatives, and successors from all claims of liability of any kind arising out of my participation in this event. I hereby grant full permission to any or all of the foregoing to use any photographs, video tapes, motion pictures, recordings, or and other record of this event for any legitimate purpose. All race entries are non-refundable.				
Signature (Parent or Guardian if under 18) Date: Mail entry form and fee to: Run for Home, 213 Lloyd St., Dover, Ohio 44622. Make checks payable to Run for Home. Fees are non-refundable. We reserve right to reject entries.				
Register on-line at www.runforhome.org				